



# BIODIVERSITY FOR FAMILY



# BIODIVERSITY FOR FAMILY

At Angsana Lang Co, we believe in creating longterm value and making a meaningful impact on destinations and communities, driving sustainable development through our Banyan Tree Group's core value of "Embracing the Environment, Empowering People".

By launching "Biodiversity for Family", we hope to raise awareness of respecting and preserving biodiversity, reconnect you and your loved ones with Mother Nature, and inspire our little guests to be mindful of the natural world around them.

### **BIRD WATCHING**

Sense the moment at Angsana Lang Co while walking around the lush garden, marvelling at the spectacular natural landscape, listening to the mesmerising melodies of nature and watching the wild bird species in their natural habitats.

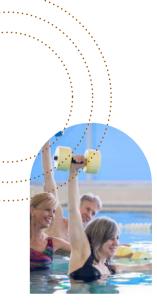
This activity is subject to availability, weather conditions, change, or cancellation at the time of booking. For more information, please get in touch with our Reception Desk.

# Vellbeing

20

# Wellbeing & Wellness

Enhance your body-mind connections



AQUATIC EXERCISE



JOGGING EXERCISE TRAIL A



AQUA AEROBIC



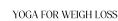
TAI CHI



BOOTCAMP



YOGA FOR CONNECTION









YOGA FOR BEGINER

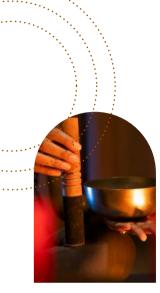
GENTLE YOGA

SUNRISE YOGA

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# Wellbeing & Wellness

Enhance your body-mind connections



SINGING BOWL THERAPY



LOVING-KINDNESS MEDITATION



BODY SCAN MEDITATION



DEEP BREATHING



YOGA CORE



YIN YOGA



HATHA YOGA



BACKBEND YOGA







PARTNER MASSAGE WORKSHOP

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# Wellbeing & Wellness

Enhance your body-mind connections



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DEEP RELAXATION

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# Adventures



# Family Fun

Whether it's the rich local culture or natural environments, explore the best family-friendly experiences that Lang Co's vicinity has to offer.

#### • RESORT PHOTOGRAPHY TOUR

- ANIMAL TOWEL FOLDING
- COOKING CLASS
- BASIC VIETNAMESE LANGUAGE CLASS
- CALLIGRAPHY ART
- BAMBOO DANCE
- TRADITIONAL KITE MAKING
- VIBRANT SUMMER BUBBLE PARTY
- BANYAN TREE SUNDOWN RITUAL
- BONFIRE
- CANDLE MAKING
- HAND EMBROIDERY
- FULL MOON PARTY
- BOUNCY CASTLE

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# Kids' Fun and Learning

Dive into local art and culture with an array of exciting activities.

- COLOURING SAND ART
- KID HERBS GARDEN
- SPOT THE DIFFERENCE
- SEASHELL PICKING
- DINOSAUR HUNTING
- WOW! WHAT IS THIS?
- JUICE TASTING
- CLAY MODELLING
- BALLOON SCULPTURE
- SAND CASTLE BUILDING

- AMAZING COLOUR
  BEADS
- T-SHIRT PAINTING
- MUSICAL CHAIR
- FIND THE BELL
- TOM & JERRY
- NATURE WALK
- LITTLE CHEF

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Feel the thrill as you race through the waters on a jet ski, ride the waves on a wakeboard or enjoy a heart-thumping ride on the all-time favourite banana boat designed for families.



SURF BOARD



BOOGIE BOARD





STANDUP PADDLE BOARD

JETSKI SAFARI

All watersport activities are subject to weather conditions and subject to change or cancellation. For more information, please contact our Reception Desk.



Feel the thrill as you race through the waters on a jet ski, ride the waves on a wakeboard or enjoy a heart-thumping ride on the all-time favourite banana boat designed for families.



VILLAGE ADVENTURE BY KAYAK/STANDUP PADDLE BOARD

MANGROVE FOREST DISCOVERY





WATER SKI/ WAKE BOARD

BANANA BOAT RIDE

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### Water Sports

Feel the thrill as you race through the waters on a jet ski, ride the waves on a wakeboard or enjoy a heart-thumping ride on the all-time favourite banana boat designed for families.



DONUT RIDE



VIETNAMESE BASKET BOAT

SPEED BOAT

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# **Recreational Activities**

Experience a variety of interesting activities in Angsana Lǎng Cô without even leaving the resort

01 HOW TO MAKE THAI TEA



03 POOL TREASURE HUNT\*

**04** A GUIDE TO VIETNAMESE SALTY COFFEE

05 MOCKTAIL MAKING CLASS



06 TABLE TENNIS COMPETITION\*

**)7** COCKTAIL MIXING CLASS

**08** VIBRANT SUMMER BUBBLE PARTY





)9 WATER WALKING BALL

O DART TOURNAMENT



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## Recreational

Experience a variety of interesting activities in Angsana Lǎng Cô without even leaving the resort



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# Cultural Discovery

# Local Culture & Sustainability

Whether it's the rich local culture or natural environments, explore the best that Lang Co's vicinity has to offer.



LOCAL MARKET EXPERIENCE



LANG CO SUNSET EXPERIENCE



LOTUS PAPER MAKING



LANTERN MAKING



CONICAL HAT PAINTING



CHIFFON FLOWER MAKING

# Local Culture & Sustainability

Whether it's the rich local culture or natural environments, explore the best that Lang Co's vicinity has to offer.



INCENSE MAKING



SEASHELL ART



BAMBOO CUP PAINTING



COCONUT SHELL BOWL PAINTING



SINH PAINTING



HOW TO MAKE VIETNAMESE COFFEE

# Local Culture & Sustainability

Whether it's the rich local culture or natural environments, explore the best that Lang Co's vicinity has to offer.



TRADITIONAL KITE MAKING



BIRD WATCHING



RECYCLED PAPER MAKING







COCONUT LEAF FOLDING

BEACH CLEANING UP

TREE PLANTING

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# **Tour & Transportation**

Explore the wonders of Central Vietnam, including the UNESCO World Heritage Sites of the Citadel of Hue, the charming Hoi An Ancient Town and the historical My Son Sanctuary.

01 LANG CO EXPERIENCE TOUR

02 DANANG CITY TOUR

03 ba na hill tour

 $04 \begin{array}{c} \text{HOI AN DISCOVERY} \\ \text{TOUR} \end{array}$ 

05 hol an cycling tour

06 MY SON DISCOVERY TOUR

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Angsana Lang Co - 101 Activities



07 HOI AN & MY SON TOUR

08 BACK MA NATIONAL PARK TOUR

9 HUE DISCOVERY TOUR

HUE CITY TOUR

HUE ECO TOUR

2 DMZ TOUR

**13** SHUTTLE BUS SERVICE





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